



Age: Weight: (Kg) Height: Waist Circumference: \_\_\_\_\_\_\_\_\_\_\_

MODE: Screen - Sitting BP **Left**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| #1 | #2 | #3 | AVE | Pulse |
|  |  |  |  |  |

MODE: Routine - **Standing BP** (higher arm)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| #1 | #2 | #3 | AVE | Pulse |
|  |  |  |  |  |

Sitting BP **Right**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| #1 | #2 | #3 | AVE | Pulse |
|  |  |  |  |  |

**Home BP Monitor** (if available)

|  |  |  |
| --- | --- | --- |
| Low | High | AVE |
|  |  |  |













